
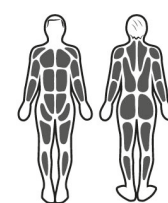
  
**> 1,40m**   **34**   **1,27m**

 1 = 11,47m  
 2 = 7,49m  
 3 = 3,45m

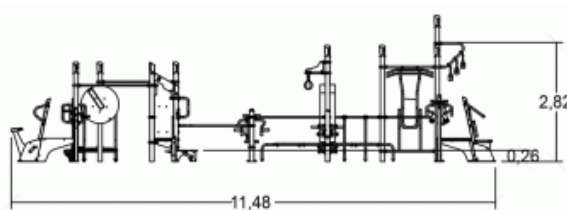
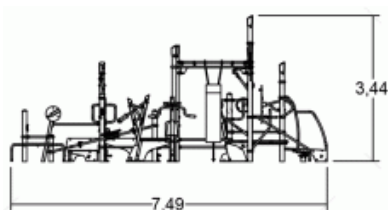
 Motor inclusion



Sports formula



Muscular stimulation



► **Sports activities :**      **51**

balancing



x3

jumping



x2

hanging



x7

Pull-ups



x8

Dips



x4

Push-ups



x5

Squats



x1

Abs



x3

boxing



x2

pedalling



x1

rowing



x1

walking



x2

running



x1

Resistance



x4

spinning




x4

Soulever



x3

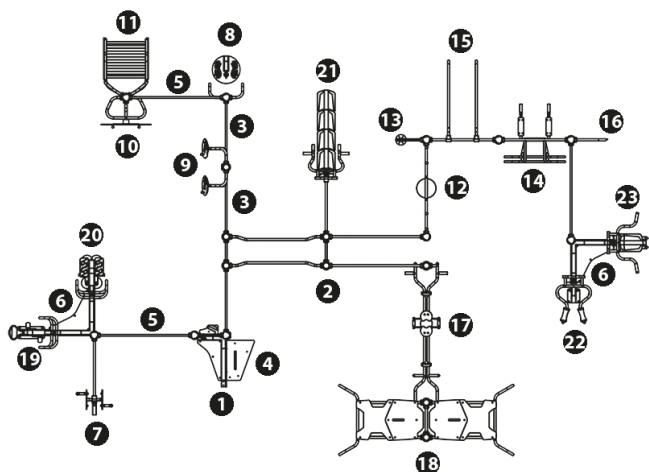
 muscle strengthening

 heart health

 balance

 coordination

## Components

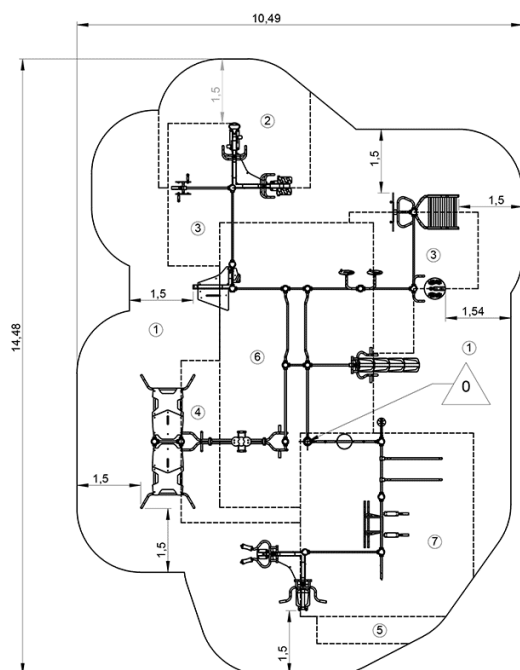


- ❶ 3 in 1 Totem
- ❷ Barres parallèles doubles mixtes
- ❸ Horizontal bar L. 125 cm
- ❹ Step
- ❺ Barre fixe L : 1m80
- ❻ Module assise
- ❼ Arm Bike
- ❽ Balance Board
- ❾ Tai-Chi Wheels
- ❿ Disque épaule
- ⓫ Runner
- ⓬ Punchbag
- ⓭ Punchball
- ⓮ Chaise romaine
- ⓯ Barres obliques
- ⓰ Jauge détente
- ⓱ Dual Rowing Machine
- ⓲ Abs Board/Push-ups
- ⓳ Vélo
- ⓴ Stepper
- ⓵ Banc développé couché
- ⓶ Squat
- ⓷ Poulie
- ⓸ Barre de connexion
- ⓹ Support téléphone

## Installation of equipment

**IMPORTANT:** It is essential to refer to the installation instructions for information on the size of the safety areas.

- Impact area (minimum normative surface)
- Free space



	Height (m)	Area (m <sup>2</sup> )
1	0,6m	58,5m <sup>2</sup>
2	0,8m	8m <sup>2</sup>
3	0,9m	11m <sup>2</sup>
4	0,95m	4,5m <sup>2</sup>
5	1m	2m <sup>2</sup>
6	1,1m	21,5m <sup>2</sup>
7	1,27m	17,5m <sup>2</sup>



2



30h00



6m<sup>3</sup>



123m<sup>2</sup>



1581kg



312kg

