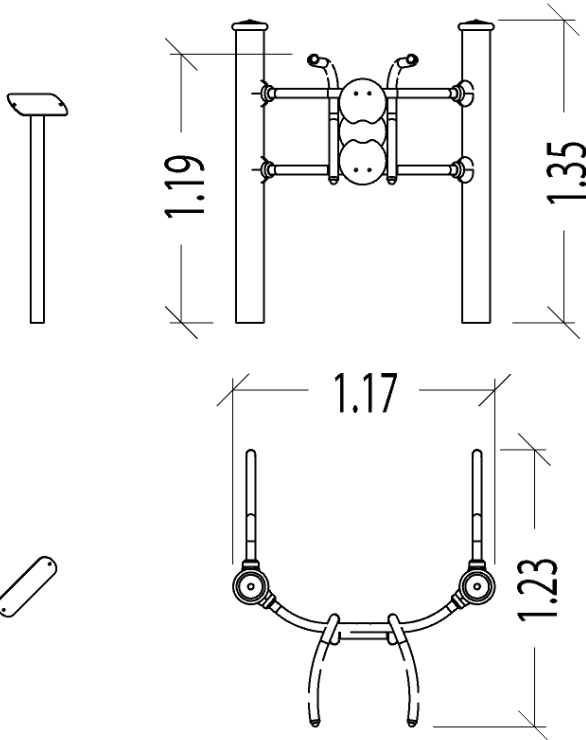
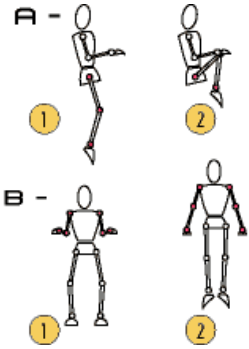
 1=1.23m 2=1.16m 3=1.35m



INTENSITY OF EFFORT



EXERCISES



LEVELS OF EXERCISE

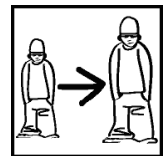
A	B		
X10	X5	→	
X20	X10	→	
X30	X15	→	



OTHER INFORMATION



1 player



10+

ARMRESTS

Vitality areas

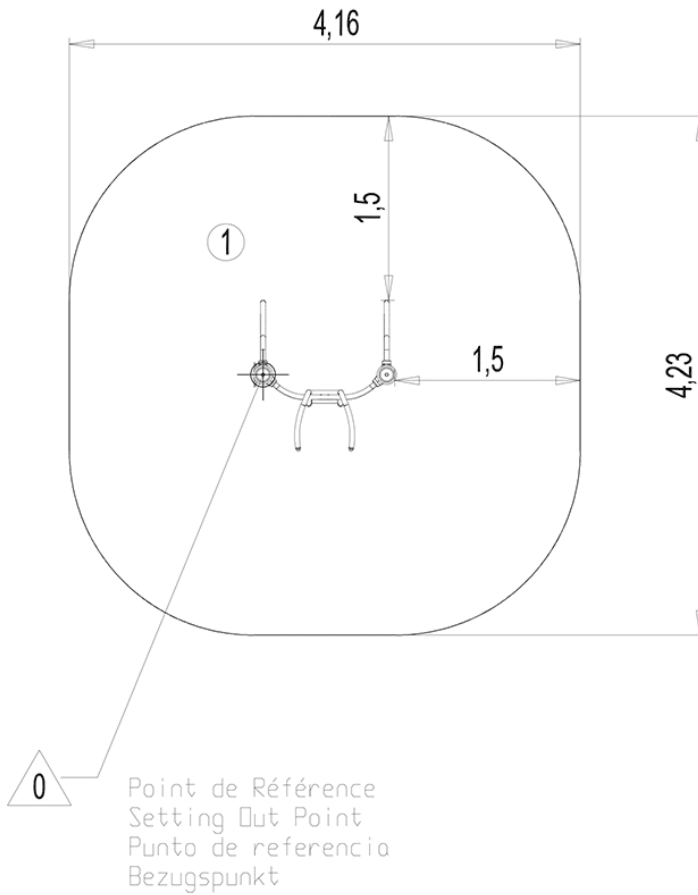
J3704

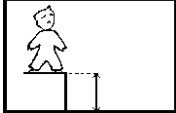
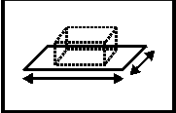
Installation of equipment

Impact area =

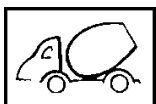
 Impact area

 Free space



		
①	0m	16m ²

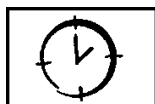
INSTALLATION



0.1m³

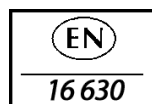


1



02h00

CERTIFICATIONS



Proludis
SPORT